





# **Social Exclusion of Older People**

Challenges and considerations in multidimensional disadvantage in later life

# **Policy Seminar Programme**

6<sup>rd</sup> European Policy Seminar

of COST Action Reducing Old-Age Exclusion in Europe:

Collaborations in Research and Policy – ROSEnet (CA 15122)

Antonio Caparrós' Room, Theater Building, Mundet Campus, University of Barcelona, Spain

Friday 25th October 2019







#### Seminar Aim and Structure

This Seminar will examine how older people can experience exclusion across multiple areas of life, and how different forms of exclusion can be interrelated.

Exploring state-of-the-art research and policy developments, the seminar will draw together researchers, policy stakeholders and members of civil society to unpack how complex forms of disadvantage can take hold in people's lives. It will provide new insights into how outcomes of exclusion in one area of life (such as social relations) can act as a part of larger exclusionary processes across a range of life domains (e.g. economic; civic).

The Seminar will also explore individual level and structural risk factors for multidimensional exclusion, focusing specifically on the lived experiences of different groups of the older population, and the influence of intersectional disadvantage in shaping these experiences.

#### About ROSEnet

ROSEnet (Reducing Old-Age Exclusion in Europe – <u>www.rosenetcost.com</u>) is an innovative networking partnership between policy stakeholders, researchers and older people from 41 countries, involving over 170 members.

ROSEnet aims to overcome critical knowledge gaps in research and policy to tackle social exclusion amongst older people in Europe.

Funded by the COST Association, and focusing on different forms of old-age social exclusion (economic, social, services, civic, and community and spatial), members are engaged in a four-year (2016-2020) programme of research, dissemination and networking activities. ROSEnet is dedicated to developing shared understandings of old-age exclusion, that are underpinned by state-of-the-art research and innovation, and that help to direct meaningful policy and practice development.

This Seminar is the 6<sup>th</sup> ROSEnet European Policy Seminar, with a number of other dissemination and conference events planned for the remainder of the Action. For further information on these events and ROSEnet's research activities please visit <a href="https://www.rosenetcost.com">www.rosenetcost.com</a>.

#### **About COST**

COST (European Cooperation in Science and Technology – see www.cost.eu) is a unique platform where European researchers can jointly develop their ideas and initiatives across all scientific disciplines through trans-European networking of nationally funded research. COST is supported by the European Union (EU) Horizon 2020 Programme.







## Speaker, Chair and Panellist Biographies

Feliciano Villar is doctor in Psychology, lecturer and researcher (tenured) at the Department of



Cognition, Development and Educational Psychology of the University of Barcelona, where he directs the Master on Psychogerontology and coordinates the Research Group on Gerontology (GIG). His research interests are focused on the psychology of aging, and particularly he is interested in two main issues: 1) study of the determinants and social and personal consequences of older people participation in family (e.g. grandparenthood) and community contexts (e.g. volunteering and

political participation); 2) long-term residential settings policies and practices addressed to provide opportunities for participating and guarantee residents' rights.

David Gallardo-Pojol, Associate Professor, University of Barcelona, Spain



David Gallardo-Pujol received a Ph.D. in Clinical and Health Psychology from the University of Barcelona. He is Associate Professor of Personality and Individual Differences at the Department of Clinical Psychology and Psychobiology at the University of Barcelona. He completed his background at the King's College London (Institute of Psychiatry), Wake Forest University (NC, USA) and at the Humboldt-Universität zu Berlin (Berlin, Germany). He is also a fellow of the Institute of Neuroscience of the University of Barcelona. Dr. Gallardo-Pujol is also Vice-Dean for Research and Innovation at the Faculty of Psychology at the University of Barcelona. He has authored several chapters and research articles in several national and international

journals and has over 90 contributions to conferences. He has also served as consultant for Spanish and international organizations.

Kieran Walsh is Professor of Ageing & Public Policy and Director of the Irish Centre for Social



Gerontology, National University of Ireland Galway. Kieran has extensive experience in interdisciplinary social gerontology and life-course research. He has played a leading role in the development of international multi-site and interdisciplinary research programmes. Kieran's research interests and expertise focus on: social exclusion in later life; the relative nature of disadvantage in cross-national contexts; place and life-course transitions; and informal and formal

infrastructures of care. Kieran is also Chair of the European COST Action CA15122 on 'Reducing Old-Age Social Exclusion' (ROSEnet – www.rosenetcost.com), which has over 140 members from 39 different countries. With objectives that address critical gaps in research, policy, and international interdisciplinary research capacity, ROSEnet aims to overcome fragmentation in conceptual innovation on old-age exclusion across the life course, in order to address the research-policy disconnect and tackle social exclusion amongst older people.







Charles Waldegrave is a psychologist and a social policy researcher. He Coordinates the



Family Centre Social Policy Research Unit in Lower Hutt, Wellington, New Zealand. He has been a joint leader of the New Zealand Poverty Measurement Project (NZPMP) and the New Zealand Longitudinal Study of Ageing (NZLSA); Currently he is jointly leading three National Science Challenge projects: Loneliness and Social Isolation among Older Māori and Pacific; People and Revitalising the

Production of Affordable Homes; and Māori and Ageing. He is currently a member of a European research collaboration ROSEnet (Reducing Old-age Social Exclusion network). He has led a team that has provided the evidence base for innovative housing and income policies in New Zealand which have helped reduce child and older age poverty and stress on low income households. He has published extensively and leads workshops and educational events internationally with his colleagues.

Lena Dahlberg is Associate Professor in Social Work at Dalarna University, Sweden, and



Senior Researcher at the Aging Research Center, Karolinska Institutet, Sweden. Her primary research interests include social exclusion and loneliness in older adults, and inequalities in access to formal and informal care. Currently, she is leading a project on social exclusion among older adults in Sweden. In this project, data from a national survey is used to analyse, e.g., multidimensionality, trends and gender differences in social exclusion. She has also used this data to examine risk factors for loneliness, distribution of home help and informal care among women and men, and risk factors for hospitalisation. At present, Lena is also leading a Nordic project on loneliness and health

in older adults. While based in England, she was principal investigator of a grant on social exclusion in post-industrial and rural communities.

**Paul McGarry**, Head, Greater Manchester Ageing Hub Since 2003, Paul has led multi-agency urban ageing partnerships, and in 2016 was appointed as



the Head of the Greater Manchester Ageing Hub.Paul has had a number of journal articles on ageing published, and given presentations to high-profile events in the USA, Asian, Europe and Australia. Paul has an MA in social gerontology and is an Honorary Research Fellow at the University of Manchester. Paul has been a member of the World Health Organisation's Global Network of Ageing Friendly Cities Advisory Group, and the Scientific Steering Board for the joint Age-friendly Environments in Europe project.







Ana Llena-Nozal is Senior Economist with the Organisation for Economic Co-operation and



Development, and is leading the long-term care work since January 2018. She coordinates several topics on long-term care such as dementia care, the future of the long-term care workforce, social protection in long-term care and policies to promote healthy ageing. She joined the OECD in 2006 where she has worked in various projects related to health, employment and social policy. She has been a member of the income inequality team working on policies to address social mobility, she has also been part of the team reviewing

sickness and disability policies in selected OECD countries and was also one of the authors of the Employment Outlook, working on issues related to health and work. Before joining the OECD, Ms. Llena-Nozal was a researcher at the Institute of Development Studies (Sussex University), Utrecht University and the Vrije Universiteit Amsterdam. Her previous research includes international comparative projects in the areas of education, labour market policy and health inequalities. Ana Llena-Nozal is Spanish and has a degree in development studies from the London School of Economics (MSc.) and in economics from the Pompeu Fabra University (MSc) and the Vrije Universiteit Amsterdam (PhD).

Rossella Magli is Science Officer at the European Cooperation in Science and Technology



(COST) Association, in charge of the portfolio on Social Sciences and Humanities. Prior to joining COST, she has been Project and Policy Officer at the European Commission in the Experimental School Environment Programme and in the Networked Media Systems Unit at DG CONNECT. Between 1987 and 2009, Rossella has worked as a researcher at several research institutes and universities in Europe (Italy, France, Belgium, Catalonia, Spain and Denmark, as well as in the US). She was co-founder and CEO of CampoRosso, a small

research company based in Belgium. Her research has mainly focused on the social appropriation of information and communication technologies in educational settings, on intergenerational learning, on co-design of innovative educational scenarios and technologies in schools, and on digital literacy. She was also advisor to the EU Commission – DG Education and Culture, in the negotiation process of education and training policies with EU Member Countries ("Lisbon process"). Rossella has a degree in Law from the University of Bologna, a Diploma in International Relations from Johns Hopkins University (US) and a Master in Communication, Technologies and Power from Sorbonne University in Paris, with a specialization in Anthropology of Communication.







Michael Myck - Director of the Centre for Economic Analysis, CenEA. Previously worked at



the Institute for Fiscal Studies (1999-2004) and the DIW-Berlin (2005-2013). Contributed to top academic journals with research on labour supply and savings decisions and on the implications of exposure to shocks on long-term employment patterns and welfare. Studied the effectiveness of tax and benefit systems and worked on issues related to measurement of poverty, income inequality and social and material deprivation. Polish Country Team Leader for the Survey of Health, Ageing and Retirement in Europe (SHARE, 2005-

2017). Received BA and M.Phil. degrees at the University of Oxford and holds a PhD from the University of Warsaw. In 2015 completed habilitation at the Freie Universität Berlin. Currently associated as Privatdozent with Universität Greifswald.

Florent Cholat - PhD student in geography and urban sociology at Grenoble Alpes University -



Pacte Laboratory -and at Milano Bicocca University - Sociology and Social Research Department- supported by LabEx ITeM «Innovation and Mountains Territories ». Cofounder of the Young University Company « 45.5 Sustainable Engineering » about the optimization of reversed mobilities. Member of the COST ROSEnet PhD forum and the coordination of the ERASMUS+ TERAPI program which

adresses links between territories and learning. My research focuses on the times and mobilities induced by seniors' loss of autonomy. They address quantitative aspects in relation to displacement and their impacts, but also qualitative aspects in relation to the quality of care and well-being in relation to the temporalities of the elderly.

Sagiv Segal - R.S Research Solutions, Israel - Sagiv Segal - Sagiv is an entrepreneur, research



grant consultant and co-founder of R.S. Research Solutions – a research consultancy company which specializes in bringing together technology, research and finance. Academic research offices and tech companies seek his assistance to transform long-term research goals into a viable research funding strategy, followed by grant scoping, grant writing and grant management. In the context of ROSEnet, his primary research interests include generational digital divide and transportation and mobility for older adults.







Iivi Riivits-Arkonsuo is Associate Professor of Marketing at the Department of Business



Administration, Tallinn University of Technology, Tallinn, Estonia. She defended her PhD in 2015. Her research interests include customer/consumer engagement, digital divide, digital exclusion in later life, user experience. In the frame of project Reducing Old-Age Social Exclusion: Collaborations in Research and Policy (2015-2020) she emphasizes the relevance of research into the digital divide, and meaning the digital exclusion in later life. She has been a Research Manager in one of the leading market-research companies in Estonia, Turu-uuringute AS, for more than 20 years.

Nilufer Korkmaz-Yaylagul is Associate Professor in Gerontology Department, Akdeniz



University, Turkey. She has trained as a landscape architect at the University of Ankara and has completed her MSc studies in the field of landscape architecture at the same university. She earned a PhD degree in Social Anthropology—Urban Anthropology from Hacettepe University. She has carried out post-doctoral research on health and older Turkish immigrants at the Institute of Population Ageing of the University of Oxford, UK. She has been involved in the teaching sociology and anthropology of ageing at Akdeniz University since 2009. She has particular interest in inequality in old age and social

policy for older people in developing countries.



**Patricia Conboy** is Head of Global Ageing, Advocacy and Campaigns with HelpAge International, the secretariat to a global network of organisations advancing the right of all older people to lead dignified, healthy and secure lives. Patricia leads a team promoting age-inclusive policy and practice through providing thought leadership, technical advice, advocacy and campaigning tools and including the voices of older people in our work. Prior to joining HelpAge in 2016, Patricia was director of Older & Bolder, a national alliance of NGOs campaigning for older people's rights in Ireland.







**Suzanne Moffatt** - Institute of Population & Health Sciences, Newcastle University, UK, trained as a speech and language therapist and worked in the UK and India before embarking on



a post-doctoral research career in 1990. Until 2000, Suzanne worked on environmental epidemiology studies investigating the health of communities living near industry. Since 2000, Suzanne has researched on the topics of ageing, social & health inequalities, welfare and social prescribing. Her current and long-term interests are in the health and well-being of older people, the impact of changes to the welfare state, intergenerational relations, tackling health and social inequalities, evaluating the impact of social prescribing and applying research to policy and practice.

Cristina Segura - La Caixa Foundation, Spain



Nena Georgantzi - Policy Coordinator Human Rights & Non-Discrimination, AGE Platform



Europe. PhD Fellow, National University of Ireland Galway. A trained lawyer specialized in human rights (MA, Université de Strasbourg, France) and social protection (MA, KU Leuven, Belgium), Nena Georgantzi is working since 2010 for <u>AGE Platform Europe</u> (AGE), an EU network, which aims to voice and promote the rights of the 190 million citizens aged 50+ in the European Union and to raise awareness on the issues that concern them most. She is currently finalizing her PhD on the human rights of older persons at the National University of Ireland in Galway (NUIG). Nena has participated in the drafting of the Council of Europe recommendation

on the rights of older persons and has consulted the UN Office of the High Commissioner for Human Rights. She is also involved in the political process around a new UN convention on the rights of older persons.

Albert Quiles - Director gerent, Amics de la Gent Gran, Spain









## **Social Exclusion of Older People**

# Challenges and considerations in multidimensional disadvantage in later life

## **Seminar Programme**

6<sup>th</sup> European Policy Seminar of COST Action Reducing Old-Age Exclusion in Europe: Collaborations in Research and Policy – ROSEnet (CA 15122)

> Antonio Caparrós' Room, Theater Building, Mundet Campus, University of Barcelona, Spain

> > Friday 25<sup>th</sup> October 2019.

08:30 – 09:00 Registration (tea and coffee)

#### 09:00-09:30 Welcome and background

Feliciano Villar,

Faculty of Psychology, University of Barcelona, Spain

David Gallardo-Pujol

Vice Dean for Research and Innovation, Faculty of Psychology, University of Barcelona, Spain

Kieran Walsh

ROSEnet COST Action Chair, National University of Ireland Galway, Ireland

#### Addressing multidimensional disadvantage

Session Chair: Charles Waldegrave

Family Centre Social Policy Research Unit, New Zealand

#### 09:30 – 09:55 Multidimensional social exclusion in later life

Lena Dahlberg

Karolinska Institute and Stockholm University, and Darlana University, Sweden

#### 09:55 – 10:20 Implementation approaches to reduce social exclusion

Paul McGarry

Strategic Lead, Age-Friendly Manchester and Greater Manchester Ageing Hub, UK

## 10:20 – 10:50 The Economy of Well-Being: a Special Focus on Health and Healthy Ageing

Ana Llena-Nozal

Senior Economist, Organisation for Economic Co-operation and Development







10:50 – 11:10 **Coffee** 

#### Interrelationships and linked experiences: Research evidence

Session Chair: Rossella Magli

Science Officer, European Cooperation in Science and Technology (COST)

Association

11:10 – 11:35 Older people living in long-term care institutions: A case for the multidimensionality of social exclusion

Feliciano Villar, University of Barcelona, Spain

11:35 – 12:00 Two dimensions of social exclusion: Economic deprivation and dynamics of loneliness in later life in Europe

Michal Myck, Director of the Centre for Economic Analysis, CenEA, Szczecin, Poland

12:00 – 12:25 Effects of reversed mobilities on old-age social exclusion or inclusion in mountains territories: The case study of two alpine territories in France and Italy Florent Cholat, LabEx ITeM Grenoble Alpes University (France) and Milano Bicocca University (Italy)

12:25 – 12:45 Questions and discussion

12:45 - 13:45 Lunch

#### Drivers and cross-cutting influences: Research evidence

Session Chair: Sagiv Segal, R.S. Research Solutions, Israel

- 13:45 14:10 **Digital exclusion in later life and policy challenges in Estonia and Finland** Iivi Riivits-Arkonsuo, Associate Professor of Marketing, Tallinn University of Technology, Tallinn, Estonia.
- 14:10-14:35 Homelessness trends in ageing literature in the context of domains of social exclusion

Nilufer Korkmaz Yaylagul, Department of Gerontology, Akdeniz University, Turkey

14:35 – 15:00 Inclusion of older people and ageing in Agenda 2030 for Sustainable Development: The potential, the issues and the challenges Patricia Conboy, *Head of Policy*, *HelpAge International*, *UK* 

15:00-15:20 Questions and discussion







#### 15:20 – 16:20 Panel discussion: Frameworks and approaches for the future

Session Chair: Suzanne Moffatt

Reader in Social Gerontology, Institute f Health and Society, Newcastle University

Cristina Segura

La Caixa Foundation, Spain

Nena Georgantzi,

Human Rights Officer, AGE Platform Europe, Phd Fellow, NUI Galway

Albert Quiles

Director gerent, Amics de la Gent Gran, Spain

## 16:20-16:30 Concluding Remarks