

COST Action CA 15122

Reducing Old-Age Social Exclusion (ROSEnet)

3rd Training School 2018

Faculty of Social Sciences, University of Ljubljana, Slovenia

4th - 6th June 2018

The training school (TS) is organised within the framework provided by COST action "ROSEnet" (www.rosenetcost.com), which aims to overcome fragmentation and critical gaps in conceptual innovation on old-age exclusion across the life course, in order to address the research-policy disconnect and tackle social exclusion amongst older people in Europe.

Final programme of the 2018 Training School

First of all, congratulations on being selected to join us at ROSEnet's 3rd Training School, which will take place in Ljubljana, Slovenia from **4th to 6th June 2018** at [Faculty of Social Sciences University of Ljubljana](#). We look very much forward to meeting you in Ljubljana in a couple of weeks!

As stated in the preliminary programme you received when you first apply, this Training School will focus on conceptual and methodological aspects of research on social exclusion. This school will include not only lectures on ongoing research on old-age social exclusion being carried out in the different Working Groups around which ROSEnet's work is organized but also ample opportunities to share your own research with us. Most of the lectures and discussions will focus on the conceptual elements of exclusion, leading to different operationalisations and methodological approaches from qualitative to quantitative and mixed methods research designs.

It is not uncommon for COST-Actions' Training Schools to aim to build capacity amongst early-career investigators, which is why they sometimes offer some form of academic skill training. Thus, two of the lectures we will be offering in Ljubljana are specifically designed to assist you in developing your own skills not only research-wise but also in terms of your ability to communicate effectively with other researchers. We believe that developing such skills is beneficial to developing one's ability to communicate with practitioners and policy makers as well, which is why we will offer a lecture on conference presentations, hands-on feedback to each and every one of the participants as far as their own presentation skills are concerned (see further instructions at the end of this document), and a lecture on different types of literature reviews since publications in peer-reviewed journals require that you have such skills.

The following are the instructors you will meet in June.

Marjaana Seppänen, Professor, Department of Social Research, University of Helsinki, Finland, [Social exclusion; qualitative research methods]

Sandra Torres, Professor of Sociology & Chair in Social Gerontology (Uppsala University), Sweden [Symbolic and civic exclusion]

Lena Dahlberg, Associate Professor in Social Work (Senior Researcher at the Aging Research Center, Senior Lecturer in the School of Education, Health and Social Studies at Dalarna University), Sweden [Social exclusion and loneliness in old age, and inequalities in access to formal and informal care; quantitative research methods].

Giovanni Lamura, INRCA, Centre for Socio-Economic Research on Ageing; Italy [Exclusion from services, mixed methods research]

Additional support and advice will be provided on site by members of the Training School organizing committee:

Marjaana Seppänen, marjaana.seppanen@helsinki.fi (Department of Social Research, University of Helsinki, Finland)

Valentina Hlebec, valentina.hlebec@fdv.uni-lj.si (University of Ljubljana, Faculty of Social Sciences, Ljubljana)

Sabina Otoničar sabina.otonicar@fdv.uni-lj.si (University of Ljubljana, Faculty of Social Sciences, Ljubljana)

All the trainers are international experts in their respective fields and members of the ROSEnet. They have extensive experience of teaching and mentoring on a variety of topics related to old age exclusion. They come from a wide range of disciplines and use methodological approaches in their own research. Some may provide material, which will be disseminated in advance to participants.

In addition to the above, it seems necessary to mention that Prof. Torres leads workshops on academic skills at different universities in Scandinavia and that the University of Ljubljana's Faculty of Social Science has offered some of them to their own doctoral students over the past three years. This is why she has been asked to give some of academic skill training lectures in this Training School.

Logistical Information

1. LOCATION

1.1. ACCOMODATION:

Please note that, according to the rules of the COST programme which is funding the TS, you will have to cover the costs for the hotel yourself. You will receive a trainee grant which is a contribution towards travel, accommodation and meal costs incurred by you.

Temporary accommodation can be found at some hostels and budget hotels. Among others, you may contact the addresses below:

Studenski domovi Ljubljana (student dormitory at different locations in Ljubljana)

Phone: +386 1 242 10 37 (Ms Suzana Flegar), E-mail: turizem@stud-dom-lj.si

Website: <http://www.stud-dom-lj.si/en/residence/tourism>

Hotel EMONEC, Wolfova 12, 1000 Ljubljana

Phone: +386 1 200 15 20, E-mail: hotelemonec@siol.net

Website: <http://www.hotel-emonec.com>

Hotel PARK/ Hostel PARK, Tabor 9, 1000 Ljubljana

Phone: +386 1 300 25 00, Fax: +386 143 30 546

E-mail: hotel.park@siol.net,

Website: http://www.hotelpark.si/en_home.7.html

Youth Hostel Ljubljana (BIT), Litijska 57, 1000 Ljubljana

Phone: +386 1 548 00 55, Fax: +386 1 548 00 56

E-mail: hotel@bit-center.net,

Website: <http://www.bit-center.net>

Aladin Hostel, Tugomerjeva 56, 1000 Ljubljana

Phone: +386 41 666 477, Fax: 386 1 515 14 36

E-mail: info@aladin-hostel.com

Website: <http://www.aladin-hostel.com>

For more information on housing in Ljubljana please visit:

<http://www.apartmaji.si/en/index.php> or

<http://www.hostelbookers.com>

1.2. SEMINAR ROOM:

Training school will be hosted by University of Ljubljana – Faculty of Social Sciences, Kardeljeva ploscad 5, 1000 Ljubljana, Slovenia in seminar room 10

www.fdv.uni-lj.si/en/home

2. TRAVELS

2.1 Travelling to/from Ljubljana

Please note that COST rules require that you organise yourself your travel, and will be reimbursed afterwards. Again, do not hesitate to contact us in case you need additional support beyond the information provided below.

Air: Jože Pučnik Airport, 25 km from the center of Ljubljana, has good connections with other European airports like Vienna, Munich, Frankfurt, Venice etc. Airport shuttle buses take passengers to the main bus station in the center of Ljubljana.

Rail: Ljubljana has good railway links with all large European cities. The railway station is located in the center of Ljubljana. Organizations in your own country such as Wasteels, Euro-Domino, Inter-rail, City Star etc. may be able to offer discounts to students and others under the age of 26. For more information, please visit: www.slo-zeleznice.si.

Bus: the main bus station is located in the center of the city. Major transport companies offer student discounts of up to 22%. For more information, please visit: <http://www.ap-ljubljana.si/>

Car: travelling by car can be the most convenient way to reach Slovenia from neighboring countries; however, finding a parking spot in the city center might prove difficult. However, our Faculty does have a public parking garage available. To find a map of the route from your city to Ljubljana, please visit: www.viamichelin.com.

2.2 Bus transfers between the accommodation indicated above and the Faculty:

No. 6 Crnuce, No. 8 Brnciceva, No. 11 Jezica – getting on at Station Bavarski dvor – getting off at Station Mercator

For exact bus arrivals please check: [TELARGO ENGLISH](#)

Please note that you can't pay bus fare at the bus with cash, you NEED to buy Urbana Card.

Ljubljana Urbana Card

Those wishing to travel on Ljubljana city buses, should purchase the Urbana public transport card. The Urbana card is available at ticket offices, tourist information centres and **most of the city's newspaper kiosks, news-stands and post offices.**

The card is priced at **€2.00**. The Urbana card can be topped up with cash at all the above mentioned sales outlets and the green Urbanomat ticket machines located across the city, mostly next to bus stops. The ticket machines accept both cash and credit and debit cards.

Visitors to Ljubljana who purchase their Urbana card from a Tourist Information Centre and keep the receipt can return the card to the place of purchase when they no longer need it and claim a €2.00 refund.

A single journey fare is €1.20. It covers an up to 90-minute journey regardless of the number of buses needed to be changed to reach the destination. *More [HERE](#).*

Taxi companies:

Metro taxi: 00386 80 11 90, www.taximetro.si

Intertours taxi: 00386 80 311 311, www.taxi-intertours.si

3. MEALS

Lunches, coffee breaks and one social dinner will be provided by the TS organisers.

Dietary requirements: please let us know in advance whether you have any dietary requirements.

4. REIMBURSEMENTS OF EXPENSES

4.1 Mentors/Trainers

According to COST rules, mentors/trainers will be reimbursed for the eligible travel, accommodation and meal expenses as outlined in the COST Vademecum available at <http://www.cost.eu/participate>. To this purpose, each mentor must register a profile on e-COST at <https://e-services.cost.eu>, and add their bank details to their e-COST profile. During the TS, all mentors will have to sign daily the attendance sheet.

4.2 Trainees

Trainees will receive a fixed grant **after** the TS has taken place. Grants do not necessarily cover all expenses related to attending the TS. The grant is a contribution to the overall travel, accommodation and meal expenses of the Grantee. Different Grants amount can be attributed to each trainee.

Each trainee must register for an e-COST profile at <https://e-services.cost.eu> and add their bank details to their e-COST profile;

All Trainees, too, **must** sign the attendance sheet each day of the TS.

5. USEFUL CONTACTS

- Scientific coordination: Valentina Hlebec, University of Ljubljana Faculty of Social Sciences, valentina.hlebec@fdv.uni-lj.si
- Local coordination: Sabina Otonicar, University of Ljubljana Faculty of Social Sciences, sabina.otonicar@fdv.uni-lj.si, landline phone: +386 1 5805 110
- Reimbursement process and administrative procedures: Christine de Largy: christine.delargy@nuigalway.ie;

For emergency calls during the TS please contact: +386 41 481 110.

Final Programme

Monday 4th June

- 12: 30 **Lunch** (getting to know each other)
- 13: 30 **Valentina Hlebec:** Welcome to ULFSS & Introduction of training school
- 14: 00 **Marjaana Seppänen:** Introduction to COST ROSENET & concepts of social exclusion
- 15: 30 **Coffee break**
- 16: 00 **Round table discussion about conceptualization of social exclusion in participants' own research**
- 17: 00 **Wrap up**

Tuesday 5th June

- 10: 00 **Marjaana Seppänen:** Conceptualizations of social exclusion for qualitative research
- 11: 30 **Lunch**
- 12: 30 **Sandra Torres:** Making a long-lasting scholarly impression: the what, how and why of conference presentations
- 14: 00 **Coffee break & time for last-minute revisions to participants' presentations on the basis of the lecture above**
- 15: 00 **Participants' presentations** (7x 15 minutes of presentation, followed by 5 minutes of feedback per presentation)
- 17: 40 Departure to event dinner
- 18: 00 **Event dinner (place TBA)**

Wednesday 6th June

- 9: 00 **Lena Dahlberg:** Quantitative approaches to social exclusion research
- 10: 30 **Coffee break**
- 11: 00 **Participants' presentations** (4 x 15 minutes of presentation, followed by 5 minutes of feedback per presentation)
- 12: 30 **Lunch**
- 13: 30 **Giovanni Lamura:** Examples of mixed-method strategies to investigate support services for family carers of older people
- 15: 00 **Coffee**
- 15: 30 **Participants' presentations** (2 x 15 minutes of presentation, followed by 5 minutes of feedback per presentation)
- 16: 10 **Break**
- 16: 30 **Sandra Torres:** The role of systematic and scoping reviews in conceptualizations exercises: the case of ethnicity/ race in research on aging and old age
- 17:30 **Wrap-up and closing**

What kind of preparation does participation in this training school require?

As clearly stated in the preliminary program we circulated when the announcement for this Training School was made, all participants are expected to make a short conference presentation (max. 15 minutes) on the research they are conducting at present. Since conference presentation skills is one of the academic skill training angles that this Training School will offer, all participants are asked to submit their power point presentations in advance.

In other words, Sandra Torres – who is primarily in charge of commenting your presentations during the Training School – looks forward to receiving your power point presentations by June 1st since having a couple of days before she meets you all, will allow her to comment on them not only briefly but also in written form.

Thus, although you will have time to revise these presentations after her lecture (see how we framed the slot directly after her lecture on conference presentations), her ability to give you hands-on feedback on your presentations depends on receiving them ahead of time.

E-mail therefore your power point presentation (and any eventual questions you have about this portion of our Training School's Programme) to her directly at: sandra.torres@soc.uu.se

DEADLINE to submit power point: June 1st